



FREEHOLD ELITE

GYMNASTICS

SIGN UP TODAY

FOR THE NEW SEASON!



PARENT & ME

Session 1

September 24th -
December 4th

Tuesday,
Wednesday,
& Thursday
9:30, 10:15, 11:00

Session 2

January 10th -
March 8th

Saturday
& Sunday
9:15, 10:15

NON-COMPETE TEAMS

Pre-Team (Kindergarten - 2nd Grade)

Team Prep (8 - 10 years old)

Varsity (11 years +)

Need to have a great cartwheel, strong,
flexible and good listening skills

RECREATIONAL CLASSES

Precious Pre's

45 minute class

Monday - Thursday: 4:15

Saturday and Sunday: 9:00, 10:00 & 11:15

Kindergarten & Older

1 Hour Class

Working on perfecting a cartwheel

Monday - Thursday: 4:15 & 5:15

Saturday and Sunday: 9:00, 10:00 & 11:15

Intermediate

1 ½ Hour Class

Must have a great cartwheel

Monday - Thursday: 4:00-5:30 & 5:15-6:45

Saturday and Sunday 9:00-10:30 & 10:30-12:00

COMPETITIVE TEAM

USAG, JOGA, USAIGC Teams

Must try-out and meet
required skills for level

Must sign up by August 13th
\$50 late fee after August 13th

\$59 SPECIAL!

FOR RECREATIONAL CLASSES

Tuesday - Friday 9:30, 10:15, 11:00

Monday - Thursday 3:15 ONLY

SPOTS ARE LIMITED! DON'T MISS OUT!

Please Note: Schedules subject to change.