



# FREEHOLD ELITE

## GYMNASTICS

# SIGN UP TODAY

## FOR THE NEW SEASON!



### PARENT & ME

**Session 1**  
September 24th -  
December 4th

Tuesday,  
Wednesday,  
& Thursday  
9:30, 10:15, 11:00

**Session 2**  
January 10th -  
March 8th

Saturday  
& Sunday  
9:15, 10:15

### NON-COMPETE TEAMS

**Pre-Team** (Kindergarten - 2nd Grade)

**Team Prep** (8 - 10 years old)

**Varsity** (11 years +)

Need to have a great cartwheel, strong,  
flexible and good listening skills

### COMPETITIVE TEAM

**USAG, JOGA, USAIGC Teams**

Must try-out and meet  
required skills for level

Must sign up by August 13th  
\$50 late fee after August 13th

### RECREATIONAL CLASSES

#### Precious Pre's

45 minute class

Monday - Thursday: 4:15

Saturday and Sunday: 9:00, 10:00 & 11:15

#### Kindergarten & Older

1 Hour Class

Working on perfecting a cartwheel

Monday - Thursday: 4:15 & 5:15

Saturday and Sunday: 9:00, 10:00 & 11:15

#### Intermediate

1 ½ Hour Class

Must have a great cartwheel

Monday - Thursday: 4:00-5:30 & 5:15-6:45

Saturday and Sunday 9:00-10:30 & 10:30-12:00

### \$59 SPECIAL!

FOR RECREATIONAL CLASSES

Tuesday - Friday 9:30, 10:15, 11:00

Monday - Thursday 3:15 ONLY

### SPOTS ARE LIMITED! DON'T MISS OUT!

Please Note: Schedules subject to change.